

SMART Goals and Tasks for \_\_\_\_\_

	<b>Specific</b>	<b>Measurable</b>	<b>Achievable</b>	<b>Relevant</b>	<b>Time-Bounded</b>
	What do I want to achieve?	How will I measure success?	Is this task/goal possible? What could stop me from completing it?	Will this task help me to achieve my overall goal?	Do I know when I need to do this by?
<b>Example: Chem 20 task</b>	Complete online sample questions for each unit in SOLARO and review errors and guesses.	Did I complete the task? Did I determine what I didn't know based on the wrong answers and guesses?	Yes. Sometimes it will be difficult I will have to learn things before they are covered in class to complete task on time.	Doing practice activities with feedback will let me make and correct mistakes before I do the work for grades	Do each one the weekend before the unit tests + final exam

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Adapted from <https://www.developgoodhabits.com/smartgoals/>